



Secret Connection Program for Self-Esteem

"The Manadoob Ask-It Workbook is the perfect 'hands on' resource in the Manadoob Program for children. The combination of creative activities and gentle probes enables kids to apply the challenges faced by the characters in the Manadoob novel to the realities in their own lives. With guidance from the Manadoob, participants are taught skills that enhance their positive interactions with themselves, their families, their community and their larger world."

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The Approach:

The Manadoob Secret Connection Program to enhance self-esteem is an edutainment program for children. The program provides 28 chapters with over 80 lessons and activities that can be completed within the school year. We hope you will feel free to work at your own pace allowing the child all the time they need to read, think, talk, dream and answer the questions thoughtfully. Our guided version of the Ask-It Workbook allows you to work at your own pace with kids based on their ages and needs. The Program provides curriculum opportunities in language arts, reading and vocabulary, social science, theatre arts, research, experimental activities and community outreach.

What's the Secret of the Manadoob Secret Connection Program?

What's the Secret? We are all connected – each and every living thing!
It takes us all to make the world go 'round. And the Manadoob will help kids find out how they can:

Connect to Themselves – Connect to Others – Connect to the World.

Who are the Manadoob?

The Manadoob are an odd bunch of magical, misfit animals who will help kids discover that belief in themselves is the most important gift they can ever receive. They can face their fears and worries; be strong and successful; and achieve what they want in their life. The Manadoob know that kids can do these things by developing:

- ❖ self-esteem
- ❖ kindness in their interactions with other beings and
- ❖ social awareness of the community around them and the world at large.

Who needs the Manadoob Secret Connection Program?

The Manadoob Secret Connection Program makes every effort to embrace our global community. The Manadoob celebrate diversity and inclusion. Children/Pre-teens/Teens learn from the Manadoob animals in a non-threatening environment through the use of story, craft and imagination in the form of educational play, while teens can also receive valuable life tools as they mentor and help younger kids with the program. The Manadoob give voice to animals as the animals become teachers through the Secret Connection Program.

Through the use of enchanting characters including the magical misfit Manadoob and a multi-cultural and multi-aged community, the Manadoob Secret Connection Program engages children in discussion about important and sometimes difficult situations. The Program also provides a learning process so children can make value-based decisions that are important to their developing sense of self, growing self-esteem and future societal impact.

When adult caregivers, teachers, humane educators, parents, tutors, counselors, therapists and high school students participate with children in using The Manadoob Secret Connection Program, they receive tools to instill positive messaging with kids.

Our goal:

To help children learn to believe in themselves. The Manadoob empower kids to do the right thing, accept themselves and others. How? By giving kids the gift of value-building in the form of educational play.

The Manadoob allow kids to think outside the box – to open their minds. When helping kids through the Manadoob Program:

- ❖ read with them;
- ❖ respond to their questions;
- ❖ ask them questions;
- ❖ teach them; and
- ❖ learn from them.

It is also valuable to go back to the workbook with the child in three months or more and repeat select exercises to see how attitudes and responses have changed.

Recommendations:

The Manadoob Program will promote open thoughts and conversation, so please remember to consult a professional for guidance if you do not feel comfortable with any subject being discussed. Remember to do as the Manadoob do – use language that includes all possible situations and enables kids to feel comfortable and accepted no matter what their circumstances.

Each Chapter in the Ask-It Workbook is designed to build and grow self-esteem and social awareness in kids as they explore the Manadoob novel, *Mystery of the Moobia Stones*, the Moobia Stone Guide Book, the beautiful hand-engraved Moobia Stones, the *sadiki* wristband, the I Believe Charms, and the additional activities and tools that are needed to complete the Workbook.

There are no wrong answers. Each Chapter has specific goals that we have identified to stimulate the growth of a child's self-awareness, self-empowerment, kindness and social consciousness.

Please don't feel limited by our guidelines and goals. Make it your own.

The Manadoob Secret Connection Program includes the:

- Manadoob Book Set – including the Manadoob novel, Moobia Stones and Moob-It pouch, guidebook and *sadiki* wristband.
- Three Manadoob “I Believe” Charms
- The award-winning DVD, *Kids & Animals – A Healing Partnership*
- The Ask-It Workbook
- Facilitator’s guide
- And cool crafts that all come in the Manadoob shoulder bag.



To learn more about the Manadoob Secret Connection Program for Self-Esteem please visit www.manadoob.com or contact us at info@manadoob.com

Please consult your physician or health care professional before performing any of the exercises, techniques, or suggestions presented within the Manadoob website and ancillary materials including but not limited to the Manadoob novel; guidebook; workbook or facilitators guide aka The Manadoob Program. Any application of the exercises, techniques or suggestions in this site is at the reader's sole discretion and risk. Sadiki LLC, its partners and agents make no warranty of any kind with respect to the content provided within the Manadoob website and/or Manadoob Program and they are not responsible to any person or entity for any errors which may be contained within this website and/or materials, or for any special, incidental, or consequential damage caused or alleged to be caused directly or indirectly by the information contained within the website and/or Manadoob Program.